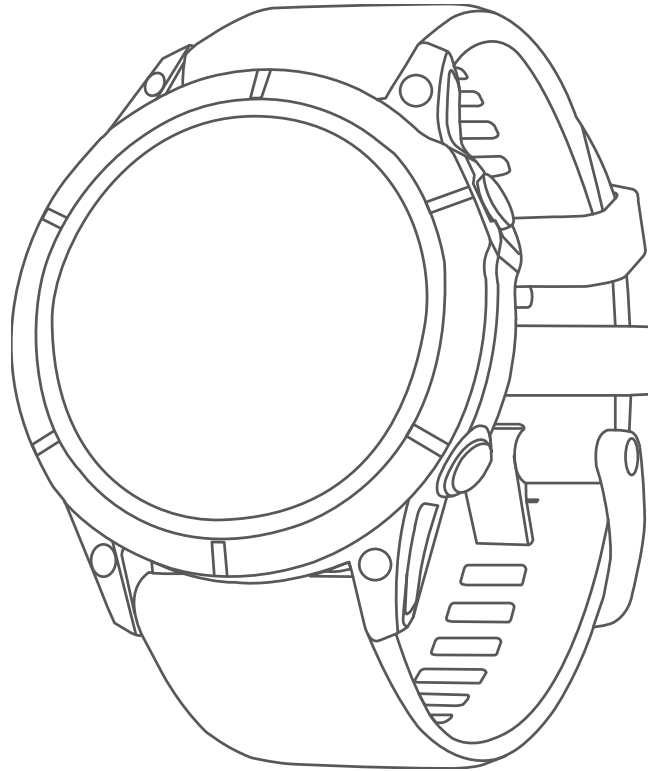


GARMIN®



EPIX™ (GEN 2)

РЪКОВОДСТВО

© 2022 Garmin Ltd. or its subsidiaries

All rights reserved. Under the copyright laws, this manual may not be copied, in whole or in part, without the written consent of Garmin. Garmin reserves the right to change or improve its products and to make changes in the content of this manual without obligation to notify any person or organization of such changes or improvements. Go to www.garmin.com for current updates and supplemental information concerning the use of this product.

Garmin®, the Garmin logo, ANT®, ANT+®, Approach®, Auto Lap®, Auto Pause®, Edge®, inReach®, QuickFit®, TracBack®, VIRB®, Virtual Partner®, and Xero® are trademarks of Garmin Ltd. or its subsidiaries, registered in the USA and other countries. epix™, Body Battery™, Connect IQ™, Firstbeat Analytics™, Garmin Connect™, Garmin AutoShot™, Garmin Explore™, Garmin Express™, Garmin Golf™, Garmin Move IQ™, Garmin Pay™, Health Snapshot™, HRM-Dual™, HRM-Pro™, HRM-Run™, HRM-Swim™, HRM-Tri™, Rally™, tempe™, TrueUp™, Varia™, and Vector™ are trademarks of Garmin Ltd. or its subsidiaries. These trademarks may not be used without the express permission of Garmin.

Android™ is a trademark of Google LLC. Apple®, iPhone®, iTunes®, and Mac® are trademarks of Apple Inc., registered in the U.S. and other countries. The BLUETOOTH® word mark and logos are owned by the Bluetooth SIG, Inc. and any use of such marks by Garmin is under license. The Cooper Institute®, as well as any related trademarks, are the property of The Cooper Institute. Di2™ is a trademark of Shimano, Inc. Shimano® is a registered trademark of Shimano, Inc. iOS® is a registered trademark of Cisco Systems, Inc. used under license by Apple Inc. STRAVA and Strava™ are trademarks of Strava, Inc. Training Stress Score™ (TSS), Intensity Factor™ (IF), and Normalized Power™ (NP) are trademarks of Peakware, LLC. Wi-Fi® is a registered mark of Wi-Fi Alliance Corporation. Windows® is a registered trademark of Microsoft Corporation in the United States and other countries. Zwift™ is a trademark of Zwift, Inc. Other trademarks and trade names are those of their respective owners.

This product is ANT+® certified. Visit www.thisisant.com/directory for a list of compatible products and apps.

Въведение

 **ВНИМАНИЕ**

Important Safety u Product Information

Първи стъпки

1 LIGHT

2

Garmin Pay™

3

4

Преглед на устройството



① Сензорен екран

-
-
-
-
-

② LIGHT

-
-
-

③ UP-MENU

-
-

④ DOWN

-
-

⑤ START-STOP

-
-

⑥ BACK-LAP

-
-
-

Активиране и деактивиране на сензорния екран

- DOWN START.
- MENU, System > Touch,

Използване на часовника

- LIGHT
- UP DOWN
- START
- MENU

Часовник

Задаване на аларма

- 1 MENU.
- 2 Clocks > Alarms > Add Alarm.
- 3

Редактиране на аларма

- 1 MENU.
- 2 Clocks > Alarms > Edit.
- 3
- 4
 - Status.
 - Time.
 - Repeat,
 - Sound and Vibe.
 - Backlight.
 - Label.
 - Delete.

Стартиране на таймера за обратно отброяване

- 1 MENU.
- 2 Clocks > Timers.
- 3
 - MENU, Save Timer.
 - Add Timer
 - Quick Timer,
- 4 MENU
 - Time
 - Restart > On
 - Sound and Vibe,
- 5 START

Изтриване на таймер

- 1 MENU.
- 2 Clocks > Timers > Edit.
- 3
- 4 Delete.

Използване на хронометъра

- 1 MENU.
- 2 Clocks > Stopwatch.
- 3 START
- 4 LAP



- 5 STOP,
- 6 .
- . DOWN.
- . MENU, Save Activity.
- . MENU, Done.
- . MENU, Review.
- . Review
- . MENU, Go to Watchface.
- . MENU, Lap Key.

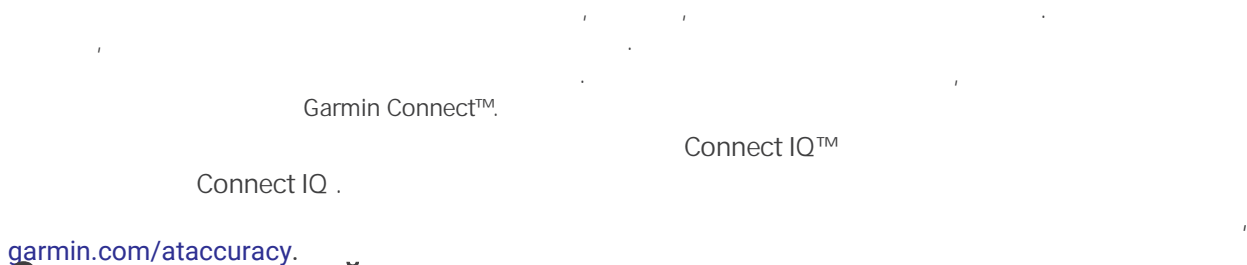
Добавяне на алтернативни часови зони

- 1 MENU.
- 2 Clocks > Alt. Time Zones > Add Alt. Time Zone.
- 3
- 4

Редактиране на алтернативна часова зона

- 1 MENU.
- 2 Clocks > Alt. Time Zones > Edit.
- 3
- 4
-
- Rename Zone.
- Change Zone.
- Reorder Zone.
- Delete Zone.

Дейности и приложения



Стартиране на дейност

- 1 GPS ()
- 2 START.
- 3 Done.
- 4
-
-
- 4 GPS ()
-
- GPS ()
- 5 START, ()

Съвети за записване на дейности

-
- LAP,
- UP DOWN,
-
- MENU, Power Mode

Спиране на дейност

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10
- 11
- 12

STOP.

Resume.

Save,

START,

Resume Later.

Lap.

Back to

Start > TracBack.

GPS.

Back to Start > Route

GPS.

Recovery HR,
Discard.

30

Оценяване на дейност

finish

Save ([Stopping an Activity, page 6](#)).



Garmin Connect.

Бягане

Бягане на пистата

400

START > Track Run.

MENU.

Lane Number.

BACK

START.

3

STOP > Save.

Съвети за записване на бягане на писта

- **GPS** (GPS)
- **3** (3)
- **Auto Lap** (Auto Lap) * **1600** (1600) **4** (4)
- **1** (1)

Отидете на Virtual Run

- 1 **START.** (START.)
- 2 **Virtual Run.** (Virtual Run.)
- 3 **Zwift™** (Zwift™)
- 4
- 5 **START,** (START,)
- 6 **STOP,** (STOP,)

Калибриране на Treadmill Distance

- 1
- 2 **1,5 (1)** (1,5 (1))
- 3 **f nix** (f nix) **1,5 (1)** (1,5 (1))
- 4 **STOP.** (STOP.)
- 5 **Save.** (Save.)
- 6 **Calibrate & Save > Yes.** (Calibrate & Save > Yes.)

Записване на Ultra Run активност

- 1 **START.** (START.)
- 2 **Ultra Run.** (Ultra Run.)
- 3 **START,** (START,)
- 4
- 5 **LAP,** (LAP,) **Lap Key** (Lap Key)
- 6 **LAP,** (LAP,)
- 7 **UP DOWN,** (UP DOWN,) **()** (())
- 8 **STOP** (STOP) **Save.** (Save.)

Информация за устройството

Зареждане на часовника

⚠ ВНИМАНИЕ

Important Safety and Product Information

ЗАБЕЛЕЖКА

1

USB



2

USB

USB

3

Относно AMOLED дисплея

AMOLED

epix

Спецификации

	10 ATM ¹
	-20° 45°C (-4° 113°F)
USB	0° 45°C (32° 113°F)
	() () 2.4 GHz @ 16.15 dBm maximum
SAR	0.32 W/kg torso, 0.28 W/kg limb

Информация за батерията

Режим	Живот на бат. с винаги вкл. диспл.	Живот на батерията с жестове
Режим Smartwatch	До 6 дни	До 16 дни
Режим на за пестене на батерия	Не е приложимо	До 21 дни
Режим само с GPS	До 30 ч.	До 42 ч.
Режим с всички сателитни системи	До 24 ч.	До 32 ч.
Всички сат.системи плюс многолент.	15 .	20 . .
	9 .	10 .
. GPS		75 .
Expedition GPS		14

Грижа за устройството

ЗАБЕЛЕЖКА

Почистване на часовника

⚠ ВНИМАНИЕ

ЗАБЕЛЕЖКА

- 1
- 2

www.garmin.com/fitandcare.

Почистване на кожената каишка

- 1
- 2

Смяна на QuickFit™ каишка

1 QuickFit



2

3

4

1 3,

Управление на данни

Windows 95, 98, Me, Windows NT®, Mac OS 10.3

Изтриване на файлове

ЗАБЕЛЕЖКА

1 Garmin

2

3

4

Delete

Mac

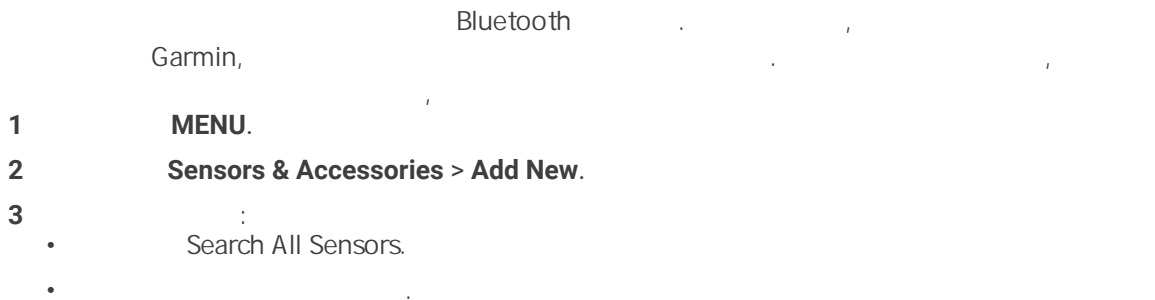
MTP

Garmin

Windows.

Garmin Express,

Мога ли да използвам своя Bluetooth сензор с моя часовник?



Слушалките ми не се свързват с часовника



Музиката ми спира или слушалките ми не остават свързани



Рестартиране на вашето устройство



Нулиране на всички настройки по подразбиране



Моят дневен брой стъпки не се показва

Моят брой стъпки не изглежда точен

-
-
-

Броя крачки на моето устройство и моя акаунт в Garmin Connect не съвпадат

Garmin Connect

1

-

Garmin Express.

-

Garmin Connect.

2

Garmin Connect

Garmin Express

Количеството изкачени етажи не изглежда точно

3 m (10 ft).

-
-

