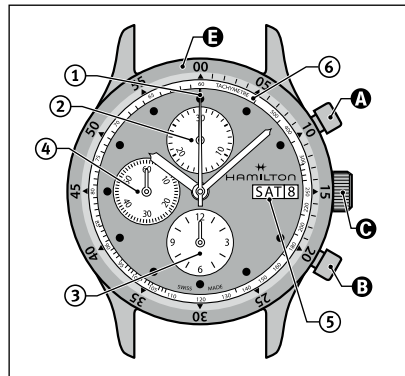
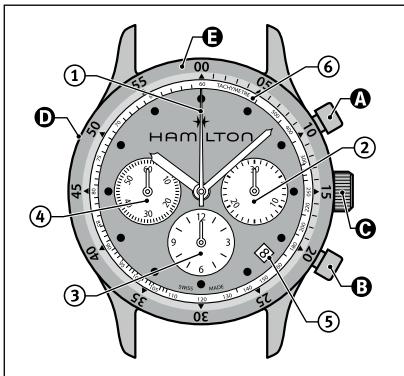


# HAMILTON

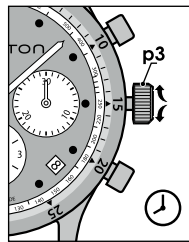
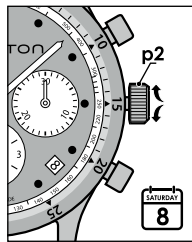
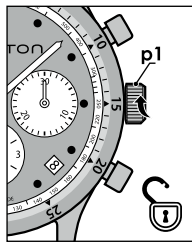
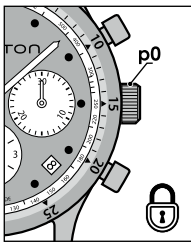
## INSTRUCTION MANUAL AUTOMATIC OR MANUAL WINDING CHRONOGRAPHS

Hamilton is delighted that you have chosen a timepiece from its collection. You now own a small technological marvel, crafted to serve you faithfully for many years. It was manufactured using the most advanced techniques and subjected to rigorous quality controls before reaching your hands.



### ILLUSTRATION KEYS

- A** Start-Stop button
  - B** Button for resetting to zero
  - C** Crown for adjustments
  - D** Button for setting date \*
  - E** Exterior rotating bezel \*
  - 1** 60-second counter
  - 2** 30-minute counter
  - 3** 12-hour counter
  - 4** Small seconds display
  - 5** Date or day-date display \*
  - 6** Telemeter, tachymeter or tachymiler scale \*
- \* according to model



### CROWN POSITIONS

- p0** Crown screwed down \*
  - p1** Pushed-in / Manual winding (crown unscrewed)
  - p2** Setting the date and the day \*
  - p3** Setting the time \*
- N.B.: in position p3, the seconds hand stops.  
\* according to model

### SETTINGS

**Note:** On certain models, the crown is screwed down and must be unscrewed before making any adjustments. Always return the crown to its pushed-in position to maintain water resistance (**p1** for push-in crown or **p0** for screw down crown) after any adjustment has been made.

**⚠** Please refrain from correcting the date or the day between 8 p.m. and 2 a.m.

#### Setting the date and the day \*

1. Pull out the crown to position **p2**.
2. Turn the crown clockwise or counterclockwise to set the date or the day.
3. Return the crown to its pushed-in position.

\* according to model

#### Setting the time

1. Pull out the crown completely to position **p3**.
2. Set the time by turning the crown in the desired direction.
3. Return the crown to its pushed-in position.

### SPECIAL SETTINGS: Caliber 7753 • H-31

#### Setting the date

Set the date by pressing button **D**. The date changes at each press.

### USING THE CHRONOGRAPH FUNCTION

**Note:** Before you start timing, the hands should be reset to zero. If necessary, press button **B**.

#### Simple timing

- Button **A**: Start
- Button **A**: Stop
- > Read time
- Button **B**: Reset to zero

#### Cumulative timing

This measures successive times. Each result is added to the previous one.

- Button **A**: Start
  - Button **A**: Stop
  - > Read time
- Repeat these two steps as many times as desired. At the end of the last measurement, the chronograph displays the total of all the times measured. Press button **B** to reset to zero.



## INSTRUCTION MANUAL

# AUTOMATIC OR MANUAL WINDING CHRONOGRAPHS

---

### MANUAL WINDING

#### When to Wind Your Watch

Whether your watch features manual or automatic winding, you'll need to wind it when:

- It's new and just taken out of the box.
- You haven't worn it for more than 48 hours.
- It has fully stopped.

#### HOW TO WIND

##### Manual-Winding Movements

1. Ensure the crown is in position **p1**.
2. Turn the crown clockwise approximately 50–60 full rotations to fully charge the mainspring (this matches factory power reserve settings).
3. The crown will stop naturally once fully wound \*.
4. Do not force the crown beyond this point—stopping indicates the mainspring is at capacity. Forcing it may cause damage \*.

\* does not apply to caliber H-23

##### Automatic Movements

Automatic-wind models can also be wound manually:

1. In crown position **p1**, turn 50–60 clockwise rotations to ensure full mainspring tension.
2. Unlike manual-wind models, the crown will never lock when fully wound, so no risk of overwinding exists.

##### Tips & Notes

- Winding daily ensures consistent power reserve and peak accuracy.
- If your watch has fully stopped, a manual wind jump-starts the movement before wearing.
- Feel gentle resistance during winding—that's your guide to stopping.

### MAINTENANCE SERVICE

Please be aware that, like any micromechanical precision instrument, Hamilton watches require regular maintenance to ensure optimal performance and longevity. The frequency of maintenance depends on the specific model, environmental factors, and the level of care provided by the owner. As such, a precise interval for servicing cannot be determined. To ensure the service is performed correctly, please take your watch to an authorized Hamilton Service Center or an authorized Hamilton retailer.

### WATER RESISTANCE

During the final quality check, Hamilton watches undergo a thorough water-resistance test, as indicated by the marking on the back of the case. However, it is important to note that water resistance is not a permanent feature. Over time, the water resistance may be compromised due to the natural aging of gaskets (such as the case back gasket, crown gasket, and crystal gasket) or from accidental impacts to the watch case. Additionally, external factors such as perspiration, exposure to chlorine or saltwater, ultraviolet rays, and cosmetic products can degrade the sealing, affecting water resistance.

To maintain the integrity of the water resistance, always rinse your watch with fresh water after exposure to chlorine or saltwater. It is recommended to have the water resistance checked annually by an authorized Hamilton Service Center.

If you own a model with screw-down crown, ensure that the crown is securely pressed back into position **p1** and properly screwed down to position **p0** to prevent water from entering the mechanism.

**⚠** Avoid using the crown or push-button functions while the watch is submerged in water.